Psychotropic Medication Use

"Psychotropic drug" is defined in the regulations at §483.45(c)(3), as "any drug that affects brain activities associated with mental processes and behavior." Psychotropic drugs include, but are not limited to the following categories: anti-psychotics, anti-depressants, anti-anxiety, and hypnotics.

PROBLEM/STRENGTH	GOALS	DUE DATE	APPROACHES	DISP RESP
DX: ❒ Injury, high risk for ❒ Thought processes, altered ❒ Psychotropic drug use ❒ Tardive dyskinesia, potential for **As related to:** (Check all that apply) ❒ Dizziness ❒ Motor agitation ❒ Poor balance ❒ Syncope ❒ Unsteady gait ❒ Agitation ❒ Depression ❒ Anxiety ❒ Dementia ❒ Alzheimer's ❒ Alcohol withdrawal ❒ Judgment deficit ❒ Reasoning deficit ❒ Schizophrenia ❒ Bipolar disorder ❒ Insomnia ❒ Obsessive compulsive disorder ❒ Post- traumatic stress disorder (PTSD) ❒ Panic disorder ❒ Schizoaffective disorder ❒ Attention deficit disorder ❒ Autism ❒ Psychosocial adjustment difficulty **As evidenced by:** (Check all that apply) ❒ Constipation ❒ Delirium ❒ Delusions ❒ Depression ❒ Deterioration in behavior	❒ Communicate appropriately with others by _____ ❒ Resident's dignity will be maintained _____ ❒ Have reduction in number of medications requested by _____ ❒ Have drug (name)_____ blood level within therapeutic range by _____ ❒ Have drug (name) _____ blood level within specified range by _____ ❒ Have no delusional thinking by _____ ❒ Have no injury related to medication usage/side effects by _____ ❒ Resident's safety will be maintained _____ ❒ Interact appropriately with others by _____ ❒ Maintain normal/therapeutic blood drug range of _____ by _____		❒ Change frequency of (specify) _____ from _____ to _____ and monitor for effectiveness and side effects ❒ Discuss side effects of drugs with resident and resident representative ❒ Perform root cause analysis with IDT for mood and behavioral issues ❒ Do not allow resident to walk without assistance of staff ❒ Evaluate effectiveness and side effects of medications for possible decrease/elimination of psychotropic drugs (GDR process) ❒ Give resident opportunity to perform portions (specify)_____ of own ADLs ❒ Instruct family/significant others to _____ ❒ Monitor drug blood levels for (specify)_____ every _____ ❒ Monitor interaction of resident with others for appropriateness ❒ Monitor pharmacist's drug regimen review for identification of potential drug interactions and irregularities ❒ Monitor resident's mental status functioning on ongoing basis ❒ Monitor resident's mood state ❒ Monitor resident's sleep patterns ❒ Monitor hours of sleep ❒ Observe for increased lethargy ❒ Monitor of signs/symptoms of TD ❒ Observe resident's gait for steadiness, balance, muscle coordination, ability to position and turn ❒ Offer resident opportunities to problem solve (reasoning) ❒ Performs AIMS/DISCUS assessment	

Resident:_____ MR#:_____ Room:_____

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PROBLEM/STRENGTH	GOALS	DUE DATE	APPROACHES	DISP RESP
❒ Deterioration in communication ❒ Deterioration in intellectual function ❒ Deterioration in mood ❒ Dizziness ❒ Dry mouth ❒ Hallucinations ❒ Hypotension ❒ Incontinence ❒ Involuntary movements of mouth, face, and so forth ❒ Loss of ability to position ❒ Loss of voluntary extremity movement ❒ Marked decrease in spontaneous movements ❒ Motor agitation ❒ Muscular rigidity ❒ Poor balance ❒ Potential for drug toxicity ❒ Potential for injury ❒ Swallowing problem ❒ Syncope ❒ Tremors ❒ Unsteady gait ❒ Urinary retention ❒ Withdrawal ❒ Cries frequently ❒ Short term memory loss ❒ Long term memory loss ❒ Combative behavior ❒ Verbally abusive ❒ Abusive to self ❒ Mistrust others ❒ Sleep disorder ❒ Paranoia ❒ Tardive Dyskinesia	❒ Not show (specify) _____ as side effect of medication use by _____ ❒ Show improved reasoning capacity by _____ ❒ Show improvement in behavior by _____ ❒ Show improvement in mood by _____ ❒ Show minimal/no side effects of medications taken by _____ ❒ Show no involuntary movements of mouth, face and so forth by _____ ❒ Show no muscular rigidity in walking by _____ ❒ Show no signs of hallucinating by _____ ❒ Show no signs of tremors by _____ ❒ Show progress toward normal/therapeutic blood range of _____ by _____ ❒ Take medication(s) as ordered by _____		❒ Take and record pulse/respiration/blood pressure per protocol ❒ Take blood pressure in lying position and then in sitting position every (frequency)_____ ❒ Take blood pressure in sitting position and then in standing position every (frequency) _____ ❒ Teach resident to _____ ❒ Monitor for signs and symptoms of hypotension	

Resident:_____ MR#:_____ Room:_____

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